L3 Last Chance County Qualifier
20th & 21st December 2025
Licence No. – 3SE252603

QUALIFYING TIMES - FEMALE

Age of swimmers as of 23:59 21st December 2025. Minimum Age - 9 years

Stroke	Distance	Female (LOWER LIMITS)				
Short Course		9-10 yrs	11-12 yrs	13-14 yrs	15-16 yrs	17+yrs
Freestyle	50m	1:00.00	42.50	37.70	35.20	34.50
Freestyle	100m	1:49.10	1:31.80	1:21.10	1:15.90	1:14.20
Freestyle	200m	3:52.80	3:18.20	2:54.30	2:43.20	2:39.80
Freestyle	400m	8:59.92	7:12.87	6:15.35	5:41.14	5:32.39
Breaststroke	50m	1:15.00	54.30	47.60	44.20	43.40
Breaststroke	100m	2:20.30	1:56.40	1:41.60	1:34.50	1:32.90
Breaststroke	200m	4:54.90	4:09.80	3:38.20	3:23.70	3:20.30
Backstroke	50m	1:00.00	48.10	42.60	39.80	38.90
Backstroke	100m	2:02.90	1:42.50	1:29.70	1:23.60	1:22.10
Backstroke	200m	4:16.60	3:37.20	3:12.20	2:58.90	2:55.10
Butterfly	50m	1:15.00	46.50	41.00	38.10	37.40
Butterfly	100m	2:08.80	1:42.10	1:29.30	1:23.30	1:21.60
Butterfly	200m	4:41.50	3:45.00	3:15.10	3:01.00	2:57.70
Medley	100m	1:59.38	1:41.35	1:29.30	1:23.36	1:21.57
Medley	200m	4:23.50	3:43.70	3:17.10	3:04.00	3:00.06
Medley	400m	10:18.10	8:48.52	7:40.11	6:37.80	6:17.96

Stroke	Distance	Female (UPPER LIMITS)
Short Course		9-17+yrs
Freestyle	50m	22.83
Freestyle	100m	50.25
Freestyle	200m	1:50.31
Freestyle	400m	3:50.25
Breaststroke	50m	28.37
Breaststroke	100m	1:02.36
Breaststroke	200m	2:12.50
Backstroke	50m	25.23
Backstroke	100m	54.02
Backstroke	200m	1:58.04
Butterfly	50m	23.94
Butterfly	100m	52.71
Butterfly	200m	1:59.32
Medley	100m	55.11
Medley	200m	2:01.63
Medley	400m	4:15.48

No-Time Entries will only be considered after all other entries have been processed.
The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the Female category, a swimmer confirms that their birth sex is female.