L1 Spring Open Meet
23 rd and 24th March 2024
Licence No. - 1SE240177
MINIMUM QUALIFYING TIMES

Long Course times. Short Course conversions will be permitted.

Open/Male	10-12 yrs	13yrs	14yrs	15yrs	16yrs	17+yrs
50m Freestyle	34.00	32.40	29.80	28.30	27.80	27.60
100m Freestyle	01:15.1	01:09.3	1.:04.10	01:01.0	0.00	58.40
200m Freestyle	2:39.20	2:33.40	2:21.30	2:15.40	02:10.0	02:05.9
400m Freestyle	5.40.20	5.11.70	5.02.60	4.48.50	4.48.50	4.41.70
800m Freestyle	11.12.90	10.45.10	10.29.90	10.09.90	10.00.10	9.50.10
1500m Freestyle	21.36.30	20.44.10	19.47.00	19.18.20	19.14.30	18.56.10
50m Backstroke	40.20	38.40	35.00	33.60	32.30	31.60
100m Backstroke	1:23.40	1:20.20	1.14.80	1:11.20	01:08.3	01:07.5
200m Backstroke	2:57.90	2:48.10	2.38.80	2:33.30	2.28.50	2.25.30
50m Breaststroke	46.50	43.80	39.70	37.50	37.10	36.10
100m Breaststroke	1:39.50	1.31.40	1.25.50	1.22.00	1.19.60	1.16.80
200m Breaststroke	3.30.80	3.17.70	3.06.90	2.58.00	2.50.90	2.48.30
50m Butterfly	39.70	37.00	33.60	31.10	30.60	30.10
100m Butterfly	1.28.00	1.33.90	1.15.00	1.10.60	1.09.30	1.06.70
200m Butterfly	3:46.40	3:38.30	3.08.30	2.45.40	2.34.70	2.34.10
200m Individual Medley	2.59.60	2.50.90	2.43.30	2.34.30	2.28.90	2.24.10
400m Individual Medley	6:46.20	6.12.00	6.07.00	5.50.60	5.41.20	5.33.20
Female	**10-12yrs**	**13yrs**	**14yrs**	**15yrs**	**16yrs**	**17+yrs**
50m Freestyle	33.80	31.80	30.80	30.20	29.70	29.70
100m Freestyle	1.14.90	1.11.00	1.08.00	1.06.10	1.04.30	1.03.30
200m Freestyle	2.42.20	2.32.30	2.26.00	2.22.60	2.17.40	2.17.40
400m Freestyle	5.37.10	5.22.80	5.11.50	5.02.70	5.01.70	5.00.90
800m Freestyle	11.28.50	11.18.60	11.08.70	10.53.90	10.39.60	10.24.80
1500 Freestyle	22.07.00	21.25.90	20.40.40	20.38.30	20.36.20	20.35.20
50m Backstroke	39.40	37.00	36.00	35.00	34.90	34.80
100m Backstroke	1.26.70	1.20.00	1.17.10	1.15.10	1.13.30	1.12.70
200m Backstroke	3.01.80	2.52.00	2.43.60	2.39.10	2.38.10	2.37.00
50m Breaststroke	45.20	42.90	40.90	40.70	40.30	40.20
100m Breaststroke	1.41.40	1.34.80	1.30.00	1.28.80	1.24.80	1.24.00
200m Breaststroke	3.33.00	3.18.40	3.12.50	3.04.60	2.59.70	2.59.00
50m Butterfly	39.20	36.20	34.80	34.10	32.80	32.60
100m Butterfly	1.33.80	1.25.90	1.19.00	1.16.80	1.13.40	1.10.50
200m Butterfly	3.33.50	3.17.60	3.02.70	2.59.40	2.52.30	2.44.80
200m Individual Medley	3.01.20	2.50.30	2.47.40	2.42.40	3.36.10	2.34.20
400m Individual Medley	6.59.20	6.15.70	6.04.90	5.59.90	5.55.00	5.50.10

Age at 31st December 2024
Entry times must have been swum at a Licensed Meet (Level 1 - 4) and must be recorded on the ASA rankings
Qualifying times need to have been achieved since 1st January 2023