

Guildford City Swimming Club Level 3 Last Regional Qualifier 1st & 2nd April 2023

FINAL INFORMATION

Thank you for joining us at the Guildford City SC Level 3 Regional Qualifier, we look forward to welcoming everybody..

For the latest programme of events, including provisional timings and accepted entries please see the Competitions page on our website www.gcsc.co.uk.

Venue
Spectrum Leisure Centre
Parkway
Guildford
GU1 1UP

Important Sign Out Information
This is a "sign out" gala, anyone wishing to withdraw from a race needs to do so before the warm-up for the corresponding session. Withdrawals can either be sent by email to claire.walsh@gcsc.co.uk or in person on the day by filling out a form at the timing/announcer's desk. **Failure to withdraw will result in a £5 fine.**

Warm-up
Swimmers and coaches must ensure that they take no action that would endanger themselves or others. Sprint lanes will be announced. The instructions of the pool lifeguard and/or Meet Management Staff must be followed.

Safety
Everyone attending the event must familiarise themselves with the location of the emergency exits, which must be kept clear at all times. Everyone is asked to observe all normal precautions in the pool area and when moving around Spectrum Leisure Centre.
Swimmers must not leave poolside unless they are wearing clothes and shoes having dried themselves.

Security
Persons are requested not to leave their belongings unattended and to ensure valuables are placed in a locked locker or kept with someone for safekeeping.
Guildford City SC nor Spectrum Leisure Centre management will not be held responsible for loss or damage of personal property.

Parking at Spectrum Leisure Centre
Parking at the Spectrum is plentiful and free of charge, however can get busy during peak periods.

Changing Rooms

The Spectrum leisure centre has plenty of space for changing; however swimmers and parents should be advised the changing area is open to the public. May we remind swimmers and parent's photographic equipment should not be used in the changing village. Any activity witness to be unusual or concerning should be reported to gala officials or Spectrum leisure centre staff. Lockers are available to store belongings and require a £1 deposit to release the key.

Catering at Spectrum Leisure Centre

As well as vending machines, food and drink is available to buy in four different locations.
See website for more details http://www.guildfordspectrum.co.uk/food-and-drink/

Important Photography Guidance at our Open Meets

In current society, we have a wide range of devices with photographic and videoing capabilities. Whilst the majority of images are taken in good faith we must be mindful that images of children and adults can be misused and sharing images widely without consent may betray a confidence or identify of a child or adult, which could present a risk of harm to that individual.

Parents and Carers of participants under the age of 18 who wish to take images are requested to focus on their own children as much as reasonably possible and to avoid including other children in images, particularly if those images are being shared with family and friends or through social media platforms. Whilst it is acknowledged that parents/carers may wish to photograph and/or record their own children when taking part in galas it should be recognised and respected that other parents / carers may not wish for their child's image to be taken and shared in this way.

Should you have any concerns about photography or filming at the event please bring this to the immediate attention of the meet Promoters Debbie Windle and Cathy Hicks by going to the recorders desk at the scoreboard end of the pool.

Guildford City Swimming Club is committed to ensuring that all children who participate in our Open Meets are able to take part in an enjoyable and safe environment. If you have any child safeguarding concerns at the event, please contact the Meet Referee Christina Victor immediately to disclose your concerns.

The full ASA Guidance on Photography can be found in Wavepower the ASA Child Safeguarding Policy and Procedures available at www.swimming.org

Many thanks again for choosing our meet, we hope you enjoy it and best of luck to all swimmers!

Sarah Trotman
Meet Promoter
GCSC Gala Team