GUILDFORD CITY SWIMMING CLUB
TRAINING TIMES

			MON	TUES	WED	THURS	FRI	SAT	SUN
Junior County A	Lead Coach – Nick Brookes	WHERE						SPECTRUM	SSP
		POOL						06:55 – 09:05	06:55 – 09:05
		WHERE		SPECTRUM	SPECTRUM				
		POOL		18:20 – 20:40	18:25 – 19:35				

Performance ★ Team ★ Character