Guildford City Swimming Club
County B Squad Qualifying Criteria& Specification
1st September 2020 to 31st August 2021

County B Squad is part of the Guildford City Academy and caters to swimmers aged 12 to 14 years (2009 to 2007) who have not yet reached the standard of County A Squad. The Squad is ideal for those individuals who have aspirations to train and compete at the highest levels. County B trains 8 pool hours per week plus 1 land training session using the facilities at Surrey Sports Park and the Guildford Spectrum. New members are welcome to join throughout the year. All trials are free of charge and are arranged specifically for you.

County B Squad is a competitive environment. Swimmers are expected to train at the appropriate level demonstrating a good work ethic and compete at coach designated competitions and galas (see Competitions below)

Minimum Commitment
Pool: 6 hours per week
Land: Training optional

Training Sessions

Day	Start	End	Length	Pool / Land	Venue
Monday	18:30	20:30	2 hours	Pool	Guildford Spectrum
Thursday	18:30	20:30	2 hours	Pool	Guildford Spectrum
Friday	18:30	20:30	2 hours	Pool	Guildford Spectrum
Sunday	07:00	09:00	2 hours	Pool	Surrey Sports Park
Sunday	09:00	10:00	1 hour	Land	Surrey Sports Park

Competition Plan

Predicted Date	Competition Detail	Course	Level
Oct/Nov/Dec	Arena League – by selection	Short	
October	Surrey Network Invitational	Short	L4
December	Guildford City	Short	L3
February	Surrey County Championships	Long	L1
March	Guildford City	Short	L3
June/July	Academy Club Championships	Short	L4
June/ July/ Sept/ Nov	Arena Junior League – by selection	Short	

Please note these are the only swim meets that are recommended. If there are any changes the Lead Coach will notify the Squad. Subject to qualification and or selection all County B swimmers are expected to attend these events.

Consideration Requirements

Swimmers must achieve:

EITHER

One Surrey County Championships qualifying time in any event of 100m or up

OR

One Squad Consideration Time

Consideration Times – Girls & Boys
All times are expressed in short course metres

Age	11	12	13	14
YoB	2010	2009	2008	2007
	Note 4			
200 Free	3.15.00	3.00.00	2.50.00	2.40.00
200 IM	3.35.00	3.20.00	3.10.00	3.00.00

Notes

1. All ages as at 31st December 2021
2. Membership is entirely at the Coach's discretion
3. Membership is renewable on a term by term basis
4. 11 year old Consideration Times are stated in order to join County B Squad in September 2021

Graduation to High Performance Regional Squads

Swimmers who meet the criteria and are age eligible may be offered a trial in High Performance County A Squad or Regional Squad at any time at the Coaches discretion. See the High Performance Criteria for further details.

Time Out

Swimmers of age 14 years (born 2007) will time out of County B after the 2021 summer term.
Swimmers who meet the criteria may be offered a trial with the Senior Competitive Development A Squad.
Swimmers who do not meet the criteria will be transferred to another appropriate squad.

Guildford City Age Band Structure

September 2020 – July 2021

Ages as of 31 December 2021

Age	YOB	High Performance				Academy				Comp Development
19+	2002	NPS					CC			SNR
18	2003	NPS	NAYS				CC			SNR
17	2004	NPS	NAYS				CC			SNR
16	2005		NAYS				CC			SNR
15	2006		NAYS	REGS			CC			SNR
14	2007			REGS	CA	CB	CC			SNR
13	2008			REGS	CA	CB	CC			
12	2009				CA	CB	CC			
11	2010				CA		CC	JR COU A		
10	2011							JR COU A	JR COU B	
9	2012							JR COU A	JR COU B	
8	2013								JR COU B	
7	2014								JR COU B	

Squad Key

NPS	National Performance Squad	CB	County B
NAYS	National Youth Squad	CC	County C
REGS	Regional Squad	JR COU A	Junior County A
CA	County A	JR COU B	Junior County B
		SNR A	Senior Development

Performance ★ Team ★ Character

TEAM SURREY

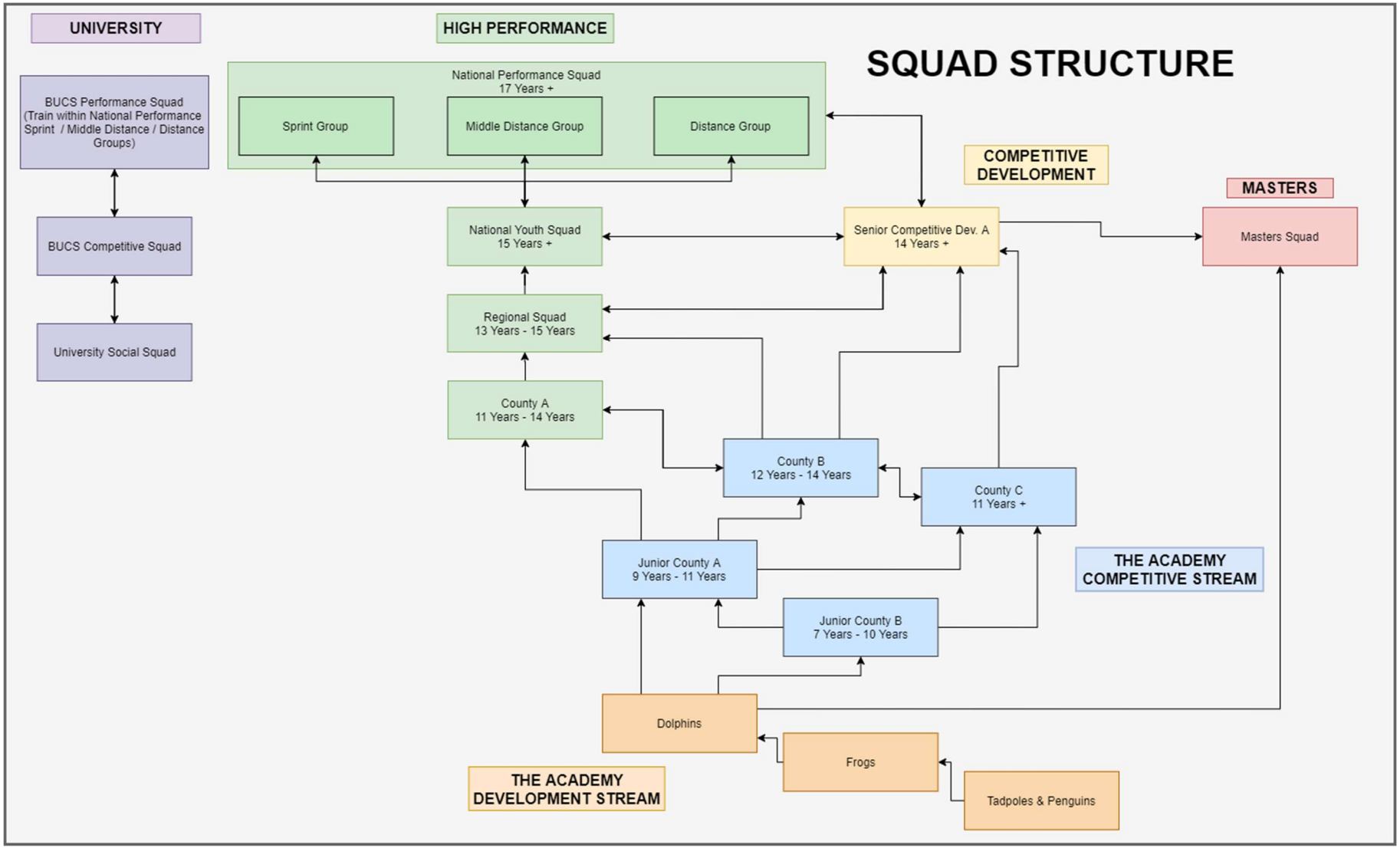
GUILDFORD CITY SWIMMING CLUB

Swim England Swimming | Performance Centre

Club Squad Structure

TEAM SURREY

Swim England Swimming | Performance Centre



Performance ★ Team ★ Character

Mission

Motto

‘Shaping the Future of Swimming in the South East’

Mission Statement

Every day we strive to provide an environment where personal excellence, honesty and commitment are expected. Through the pursuit of our dreams and goals we learn valuable life skills and develop the drive to achieve our potential in swimming and life. We are committed to fostering a healthy environment (mentally and physically) where swimmers are not afraid to fall down, fall short or fail in the lofty pursuit of their dreams; this is where character is developed.

Vision Statement

To continue to build a tradition of swimming excellence and develop our national reputation for producing passionate, inspired and high producing swimmers and coaches. Our aim is to ensure that every athlete has the opportunity to reach their potential within the sport (regardless of standard) and to provide a culture that encourages learning and personal development within a safe friendly environment. Good sportsmanship will always be encouraged with the expectation that our members strive to be humble in victory and gracious in defeat. To maintain the highest possible standards we believe that team unity, character development and personal responsibility are paramount to providing a successful culture for all.

TEAM SURREY

Swim England Swimming | Performance Centre



Teamwork
Support each other

Performance
Commitment Adaptability

Character
Responsibilty Ownership Respect

Performance ★ Team ★ Character

TEAM SURREY

Swim England Swimming | Performance Centre

Key Values

★ Teamwork

Support each other

We aim to support everyone involved with Guildford City Swimming Club or the University of Surrey. This includes **supporting team mates** at competitions and training partners during training sessions.

★ Performance

Commitment

This involves making a commitment to the club and includes commitment to **attendance, work ethic** and **punctuality** at training, competition and any other activities associated with the club.

Adaptability

Everyone needs to be adaptable to training and competition but we expect all members to show **willingness** and **tenacity** to changing under challenging circumstances. Furthermore, we all need to show **resilience** within our lives and the ability to bounce back from adversity is an important quality.

★ Character

Responsibility

Our expectation is that every member takes responsibility for their actions to include training, competition and any other activities and lifestyle management.

Respect

Our expectation is that everyone shows respect for other **members**,the **facility** and for us as **individuals**.

Ownership

Our expectation is that we all take ownership for the **process** of **training**, take **accountability** for our actions and ownership for **self-reflection** of our actions.

Performance ★ Team ★ Character