

Guildford City SC Springboard Level 1 Open Meet

Minimum Qualifying Standards

1 - 3 April 2016

License Number 1SE160058

Long Course times. Short Course conversions will be permitted.



| BOYS | | | 12yrs & under | 13yrs | 14yrs | 15yrs | 16yrs | 17+yrs |
|-------------------|--|--|--------------------------|--------------|--------------|--------------|--------------|---------------|
| | | | | | | | | |
| | | | | | | | | |
| 50 Free | | | 34.9 | 33.0 | 31.3 | 29.7 | 28.7 | 28.4 |
| 100 Free | | | 01:13.7 | 01:09.8 | 01:06.9 | 01:04.4 | 01:02.6 | 01:01.5 |
| 200 Free | | | 02:40.8 | 02:32.6 | 02:25.6 | 02:20.7 | 02:16.3 | 02:13.7 |
| 400 Free | | | 05:38.1 | 05:21.8 | 05:07.0 | 04:57.6 | 04:49.1 | 04:44.6 |
| 1500 Free | | | 23:15.0 | 20:43.9 | 19:17.4 | 18:45.7 | 18:20.2 | 18:14.3 |
| 50 Breast | | | 44.6 | 41.8 | 39.7 | 37.8 | 36.8 | 35.8 |
| 100 Breast | | | 01:34.7 | 01:28.8 | 01:24.6 | 01:21.4 | 01:18.9 | 01:17.0 |
| 200 Breast | | | 03:25.2 | 03:12.5 | 03:02.5 | 02:55.4 | 02:51.6 | 02:47.0 |
| 50 Fly | | | 38.1 | 35.9 | 34.0 | 32.2 | 31.4 | 30.6 |
| 100 Fly | | | 01:21.5 | 01:16.8 | 01:12.8 | 01:09.8 | 01:07.8 | 01:06.5 |
| 200 Fly | | | 02:59.9 | 02:49.9 | 02:40.9 | 02:34.4 | 02:30.4 | 02:27.6 |
| 50 Back | | | 40.5 | 38.2 | 36.1 | 34.5 | 33.5 | 32.7 |
| 100 Back | | | 01:24.1 | 01:19.2 | 01:15.0 | 01:12.2 | 01:10.3 | 01:09.3 |
| 200 Back | | | 03:00.7 | 02:50.3 | 02:42.3 | 02:36.0 | 02:31.4 | 02:28.6 |
| 200 IM | | | 03:02.8 | 02:52.7 | 02:44.8 | 02:38.4 | 02:33.9 | 02:31.0 |
| 400 IM | | | 06:26.7 | 06:06.4 | 05:49.3 | 05:36.2 | 05:27.6 | 05:22.6 |

Age at 31st December 2016

Entry times must have been swum at a Licensed Meet (Level 1 - 4) and must be recording on Rankings